

# St Brides/Marloes

Half Day + Walk



**SCALE:** 0 400 800 m

**DISTANCE/DURATION:** 4.6 miles (7.5 km) 2 hours

**PUBLIC TRANSPORT:** Service bus Marloes 315/316, Puffin Shuttle

**CHARACTER:** Reasonably level, fields and livestock, stiles (5), can be muddy in places

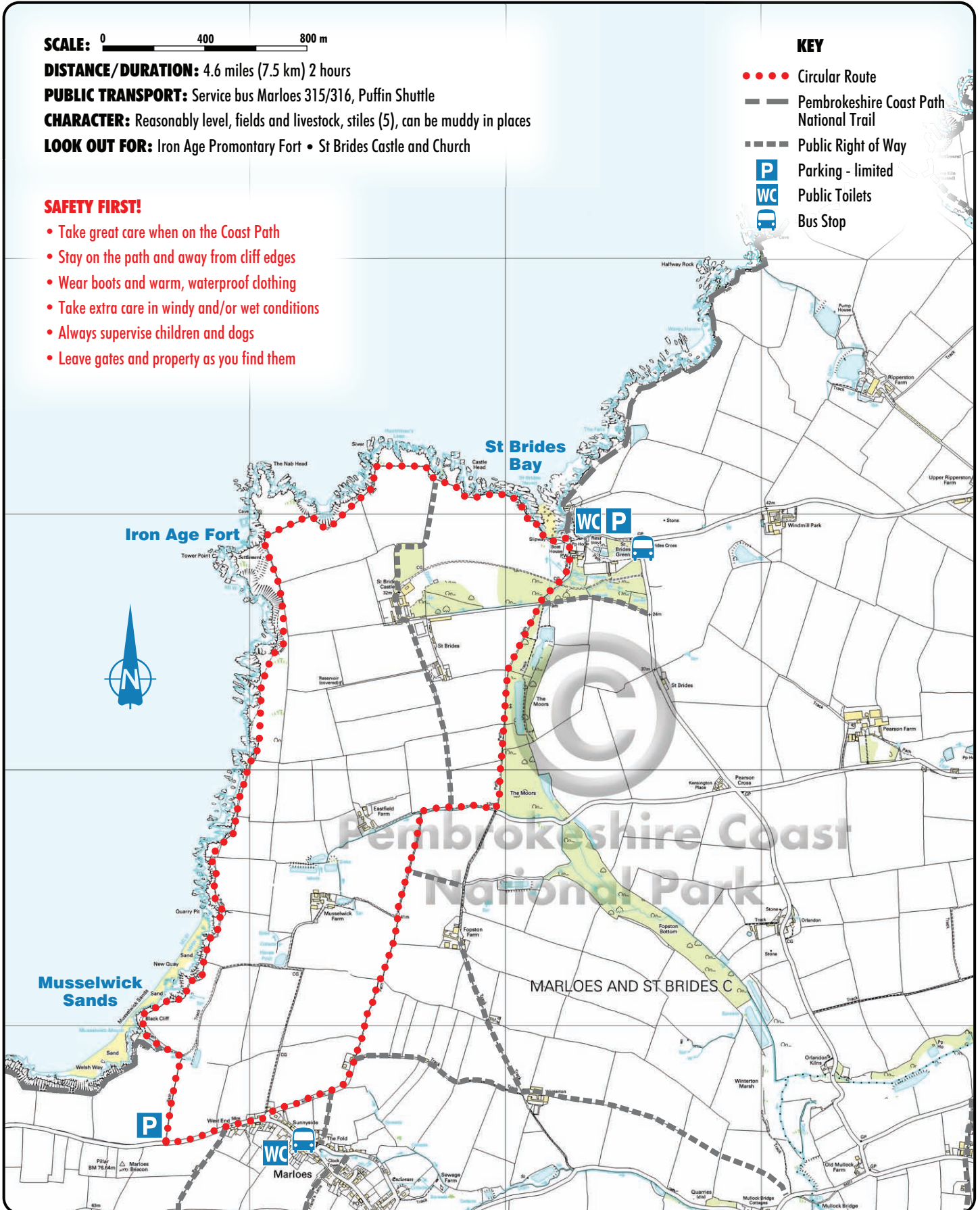
**LOOK OUT FOR:** Iron Age Promontory Fort • St Brides Castle and Church

**SAFETY FIRST!**

- Take great care when on the Coast Path
- Stay on the path and away from cliff edges
- Wear boots and warm, waterproof clothing
- Take extra care in windy and/or wet conditions
- Always supervise children and dogs
- Leave gates and property as you find them

**KEY**

- Circular Route
- Pembroke Coast Path National Trail
- - - Public Right of Way
- P Parking - limited
- WC Public Toilets
- Bus Stop



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**Grid ref:** SM803109

*From neolithic times to the Iron Age - a walk rich in history*



**Look out for:** Iron Age Promontary Fort, St Brides Castle and Church.

There are many hut circles where flints and pottery have been found in this area. On Nab Head there was even a Neolithic flint factory, and at Tower Point a large Iron Age promontory fort. Two sides of the fort are protected by steep and dangerous cliffs and the approach is defended by a bank and a ditch.

There are good views out to Skomer, a National Nature Reserve celebrated for its bird colonies, and back along the coast to St Davids Head. St Brides Castle is actually a nineteenth century baronial country mansion with a castellated outline and 93 acres of mature parkland.

The tiny church of St Brides stands on the edge of St Brides Haven overlooking the sea.

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Text provided by the BBC